Resources for Independent Living (RIL) is a community based organization whose purpose is to serve people with disabilities. RIL is open to all people with disabilities, their able-bodied friends, and supporters. We promote personal growth and empowerment through choice, self-determination, and participation in programs providing information, education, skills development, and networking opportunities.

Resources for Independent Living provides people with a wide range of disabilities the means for self-choice, self-direction, and self-reliance in an inclusive society that offers equal rights and privileges to all.

Resources for Independent Living

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Learning or re-learning how to be self-reliant is vital to maintaining your independence. As you might imagine the barriers can be overwhelming!

That’s why RIL offers this type of training program. This program is designed to empower individuals with disabilities to make and act upon their own decisions. Please see the panel for a listing of trainings offered. If you do not see the training that you are interested in please ask us! We can tailor our program to fit your needs!

Individual Training
Some skills are best taught on a one on one basis. Typically a person will meet with our Independent Living Skills Training Specialist to set specific goals related to the skills that are needed. An action plan is developed on how the goals will be accomplished. A schedule is created for training and evaluations will be completed to assess overall progress. This type of service is offered through several programs and on a fee for service basis.

Group Training
Group training is implemented when a staff member identifies an area of training common to many Consumers. After setting goals with the Independent Living Skills Specialist a schedule is given to show when the next training series will begin for the skill that is needed. Group trainings are usually held once a week for several weeks and have specific focuses. After you complete the series of trainings you will receive an evaluation of your progress. This type of service is offered through several programs and on a fee for services basis.

One Session Trainings
One-session workshops are developed for group training needs that are extremely focused, or that require outside expertise. These one-day trainings follow the format of extended group trainings and often feature outside speakers. Topics range from health and wellness, recreation and social opportunities to how to navigate the Social Security system and many more! This type of training is free to all Consumers. Please see our website or ask for our calendar of events!

Whatever your training needs are we will try to help you achieve your goals to allow you to live the most independent life possible. Our staff is knowledgeable, patient and above all we are vested in your success!